

Confidential Health History

Name: _____ DOB: _____ Today's Date: _____

Are there any areas in your mouth that you would like to improve/change?

Do you have any questions or concerns?

Caries (tooth decay):

Do you consider yourself cavity prone?.....Y N

Do you consume sugary foods regularly?.....Y N

Do you consume energy drinks or sports drinks?.....Y N

If yes, what type and how often?

Does your mouth feel dry?.....Y N

Do you have heartburn or acid reflux?.....Y N

Periodontal Disease:

Have you been told you have gingivitis or gum disease?.....Y N

Do your gums ever bleed when you brush or floss?.....Y N

Do you have gum recession or exposed root surfaces?.....Y N

Do you have any loose teeth or areas that collect food when you eat?.....Y N

Oral Medicine:

Do you take over the counter medicines?.....Y N

Do you have any persistent sores in your mouth or lumps/bumps on your head or neck?.....Y N

Do you feel as if you have a lump in your throat?.....Y N

Do you ever get cold sores?.....Y N

Medical Care:

Are you currently being treated for any medical conditions?.....Y N

If yes, please list:

Do you get annual medical check-ups?.....Y N

Do you see a dermatologist for an annual skin cancer screening?.....Y N

Function/Bite/TMJ:

Do you ever experience discomfort when chewing?....Y N

Do your jaw joints click, lock, pop or make grinding sounds?.....Y N

Do you experience frequent headaches or jaw/facial pain?.....Y N

Have you ever been told that you grind your teeth?...Y N

Have you been treated for a jaw joint problem?.....Y N

Do you wear a retainer or night guard?.....Y N

Cancer:

Do you have a cancer diagnosis or history?.....Y N

Are you undergoing cancer treatment?.....Y N

Pre-Diabetes and Diabetes

Have you ever been diagnosed with pre-diabetes or diabetes?.....Y N

If so, what type?.....I II

Do you take medication(s) for diabetes, hypertension or high cholesterol?.....Y N

Please list medications:

Medical Conditions:

Do you have or have had any of the following? Please circle:

- | | |
|--------------------------------|-------------------------------------|
| Anaphylaxis | Hearing disorder |
| Anemia | Hives/skin rash |
| Anxiety | Kidney problems |
| Artificial joints | Liver problems |
| Blood disease | Lung disease |
| Blood transfusion | Pacemaker |
| Congenital heart defect | Psychiatric problems |
| Endocrine problems | Seizures/Epilepsy |
| Heart murmur | Sinus problems |
| Hepatitis A, B or C | Thyroid disease |
| Herpes | Tuberculosis |
| HIV/AIDS | Tumor or growth of head/neck |

<p>Brain/Organ Health:</p> <p>Have you been diagnosed with dementia, Alzheimer's or any other brain function ailment?.....Y N</p> <p>If yes, please specify condition:</p> <p>Are you aware of or being treated for any vital organ disease?.....Y N</p> <p>If yes, please list:</p>	<p>Allergies, Food Sensitivities:</p> <p>Do you have asthma?.....Y N</p> <p>Do you use an inhaler?.....Y N</p> <p>Have you identified any food sensitivities such as dairy, wheat or soy?.....Y N</p> <p>Do you ever have heartburn?.....Y N</p> <p>Are you allergic to any of the following? Please circle:</p> <p>Latex Aspirin Codeine Tetracycline Valium Metals</p> <p>Sulfa Drugs Novocaine/Local anesthetic Nitrous Oxide</p> <p>Penicillin/Antibiotics Erythromycin Vicodin Percodan</p> <p>Other:</p>
<p>Habits:</p> <p>Do you smoke or chew tobacco?.....Y N</p> <p>If so, how often/how much:</p> <p>Do you use cocaine or other drugs?.....Y N</p> <p>Do you consume alcohol?.....Y N</p> <p>Are you in recovery or being treated for addiction?.....Y N</p>	<p>Exercise/Sleep:</p> <p>Do you exercise regularly?.....Y N</p> <p>Do you snore or have difficulty sleeping?.....Y N</p>
<p>Bone/Joint Health:</p> <p>Have you had joint replacement surgery?.....Y N</p> <p>If yes, please specify:</p> <p>Have you taken antibiotics for dental appointments as a result of joint replacement?.....Y N</p> <p>Have you been diagnosed with Osteopenia or Osteoporosis?.....Y N</p> <p>Are you currently taking or have you taken bisphosphonate drugs (Such as; Fosamax, Boniva, Actonel, Zometa)?.....Y N</p> <p>Do you have joint inflammation, pain, arthritis or rheumatism?.....Y N</p>	<p>Cardiovascular Health:</p> <p>Are you currently being treated for high blood pressure or cardiovascular disease?.....Y N</p> <p>Do you currently take blood pressure medicine?.....Y N</p> <p>Have you had any heart valves replaced?.....Y N</p> <p>Do you have a history of heart attack, stroke, bypass or stints?.....Y N</p> <p>Have you ever taken Phen-Phen or Redux?.....Y N</p> <p>Are you taking blood thinners?.....Y N</p> <p>If so what kind:</p> <p>Do you take baby aspirin?.....Y N</p>
<p>Pharmacology:</p> <p>List all medications you're currently taking, including prescription and OTC meds, vitamins and supplements:</p>	<p>Women Only:</p> <p>Are you pregnant or could you be pregnant?.....Y N</p> <p>Are you nursing?.....Y N</p> <p>Are you taking birth control pills?.....Y N</p>

I CERTIFY THAT THE ABOVE INFORMATION IS CORRECT TO THE BEST OF MY KNOWLEDGE.

Patient Signature: _____ **Date:** _____

Dr. Signature: _____ **Date:** _____